

# How to perform vaginal preparation

## VAGINAL PREPARATION BEFORE CEASAREAN SECTION PREVENTS INFECTION

✗ Do not perform vaginal preparation if there is a face presentation, cord prolapse or placenta praevia



1 Explain the procedure and gain verbal consent. Ensure appropriate privacy

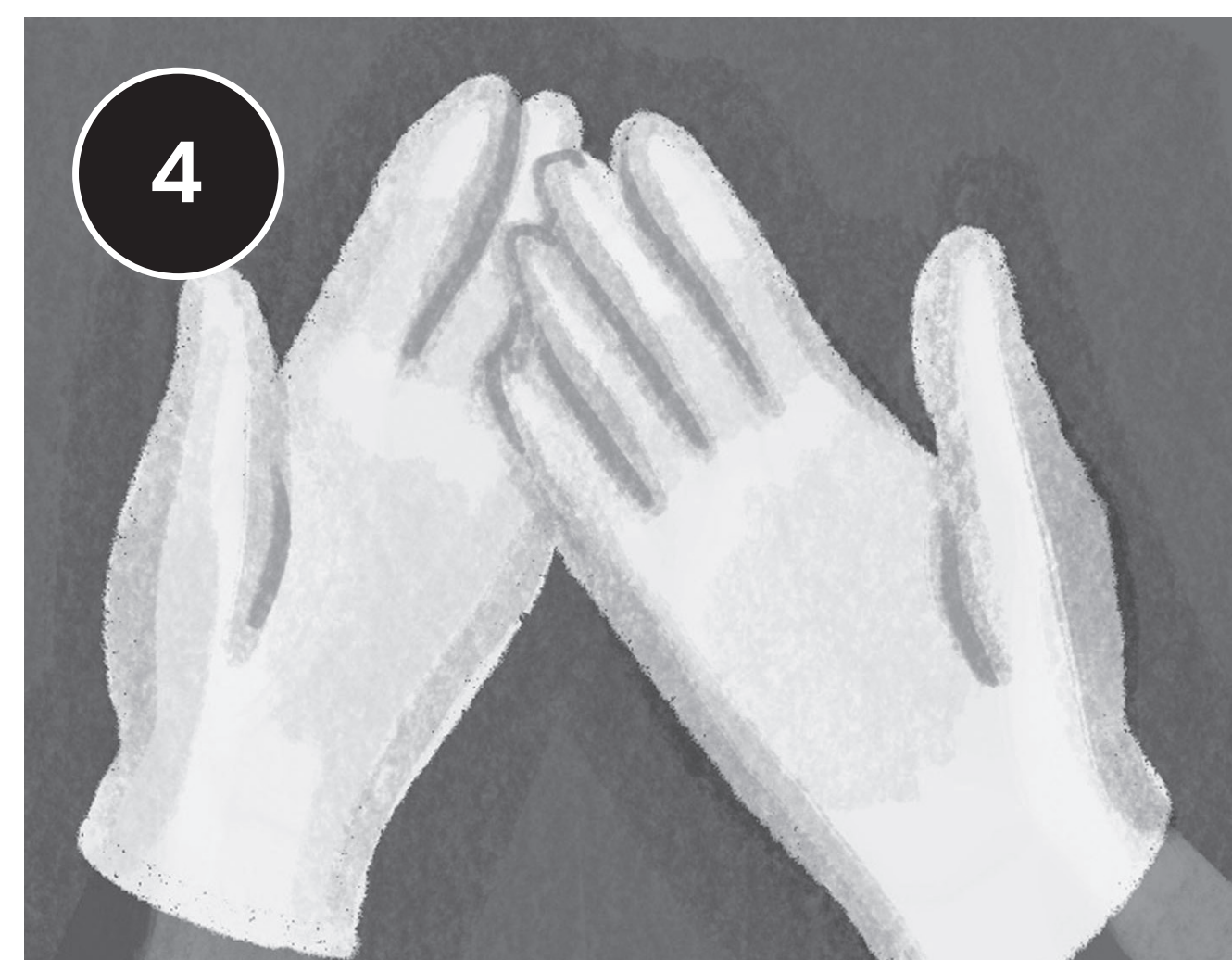


2 Perform vaginal preparation just before preparing the abdominal skin for incision

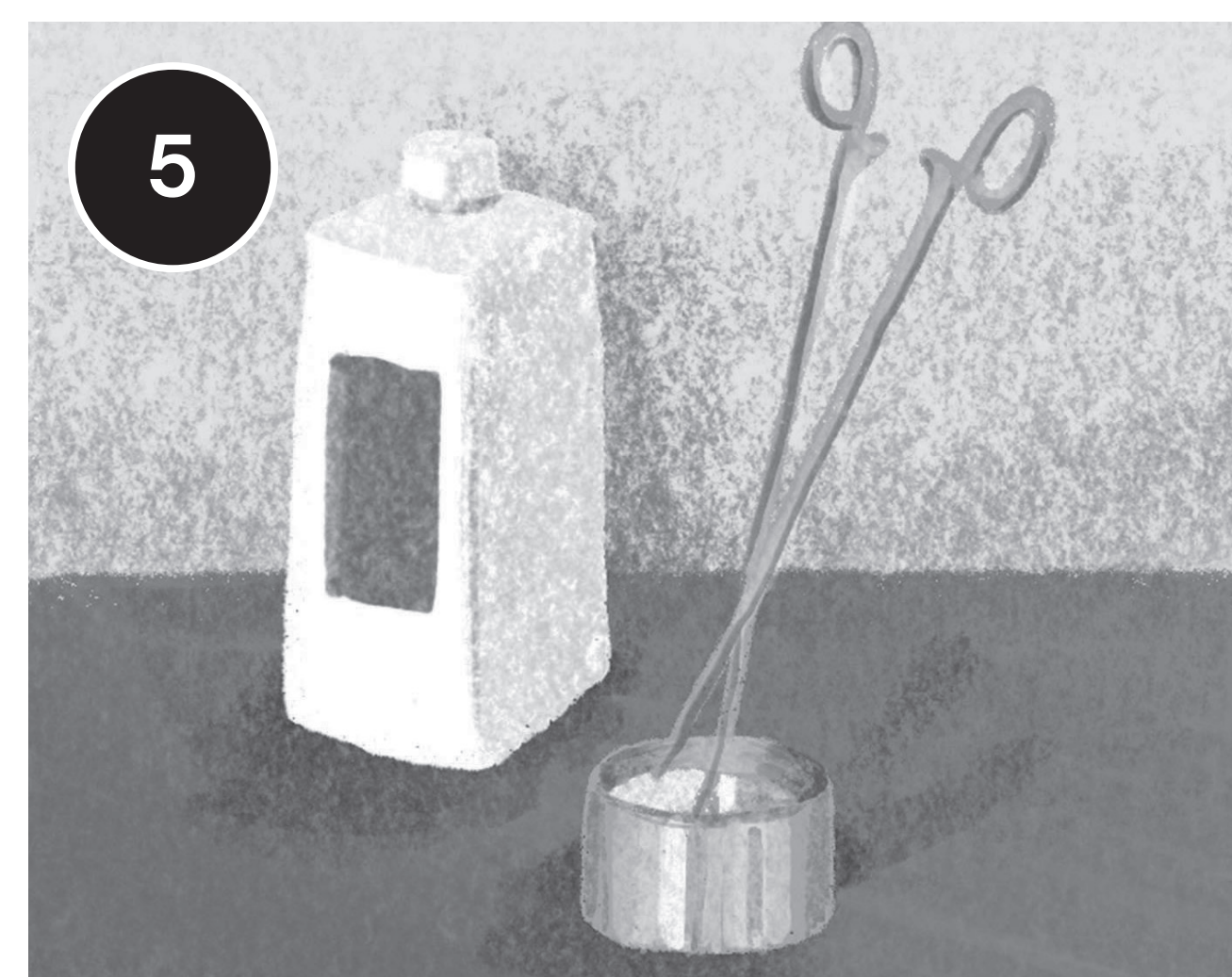


You will need:

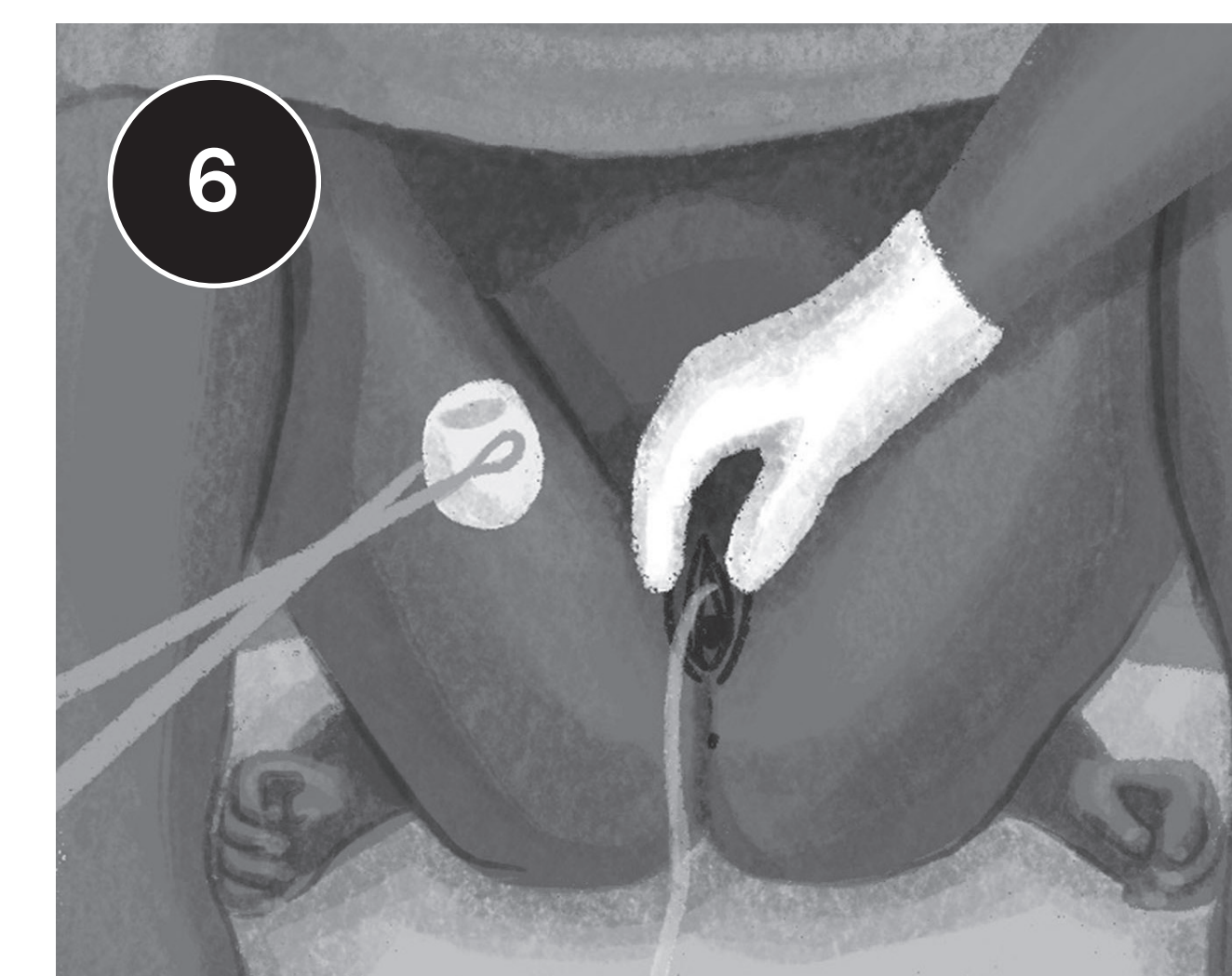
- A gauze swab
- A sponge holder / forceps
- Chlorhexidine or povidone-iodine solution



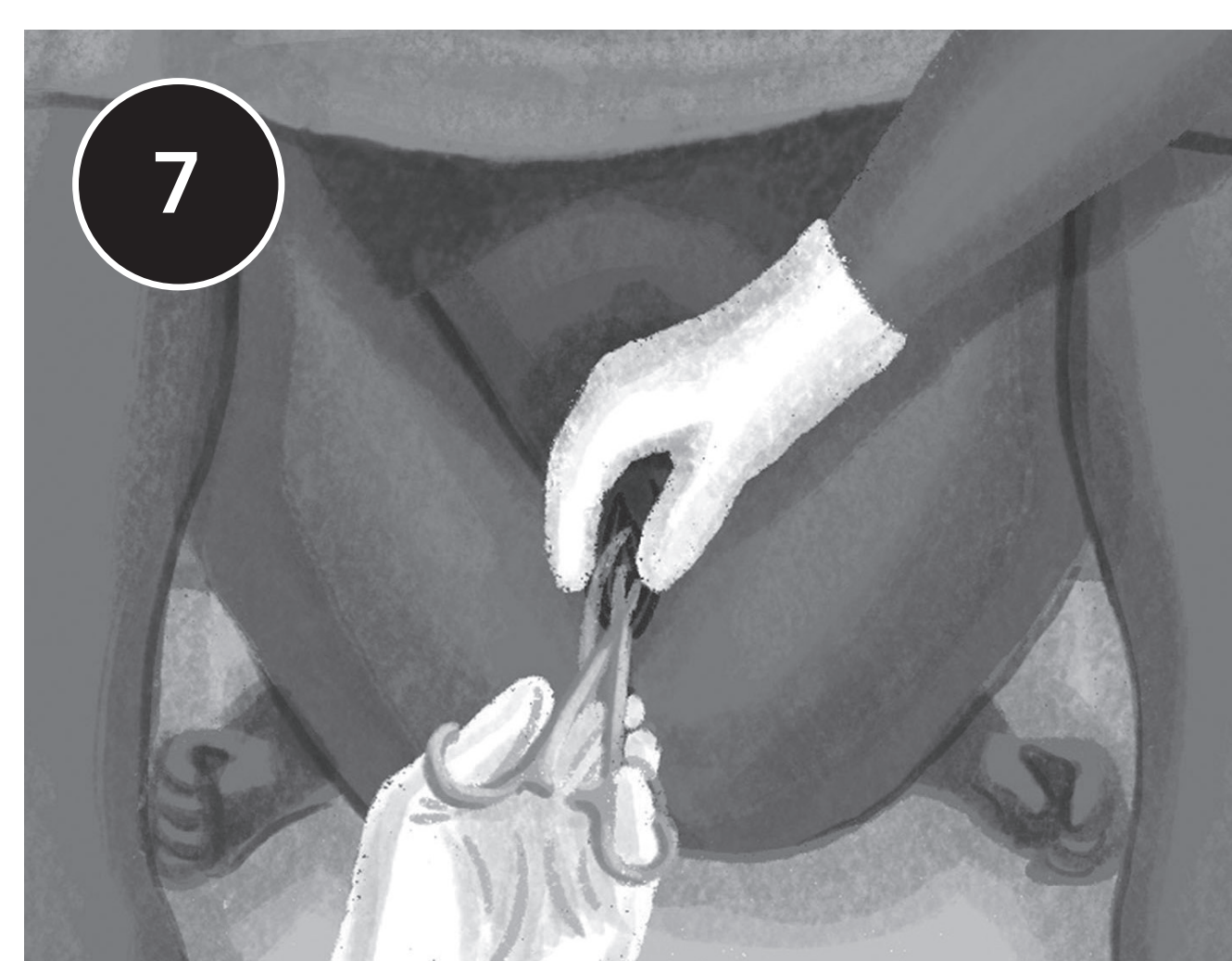
4 Put on an apron, perform hand hygiene and put on gloves



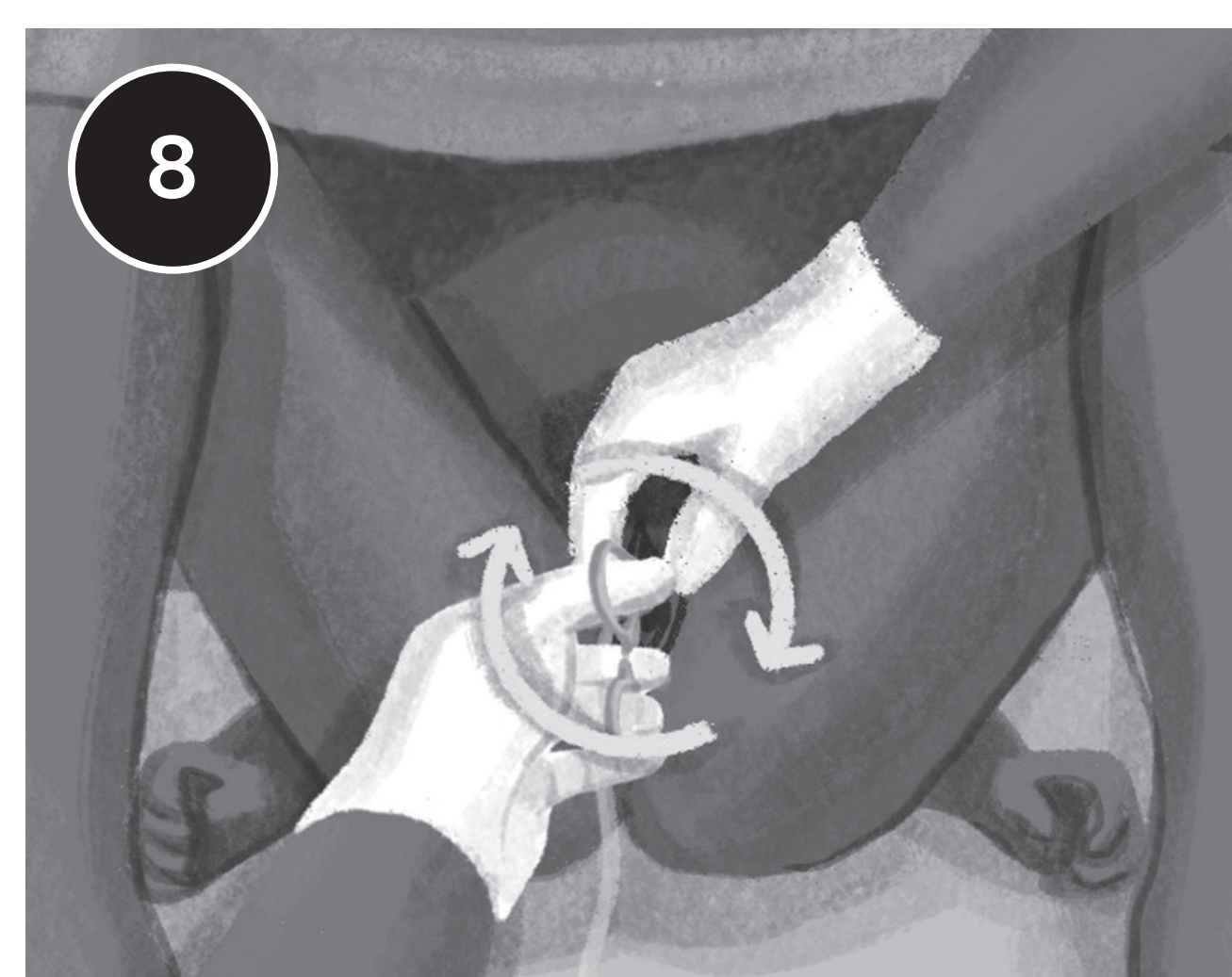
5 Pick up the gauze swab with the sponge holder, soak the gauze swab in cleaning solution



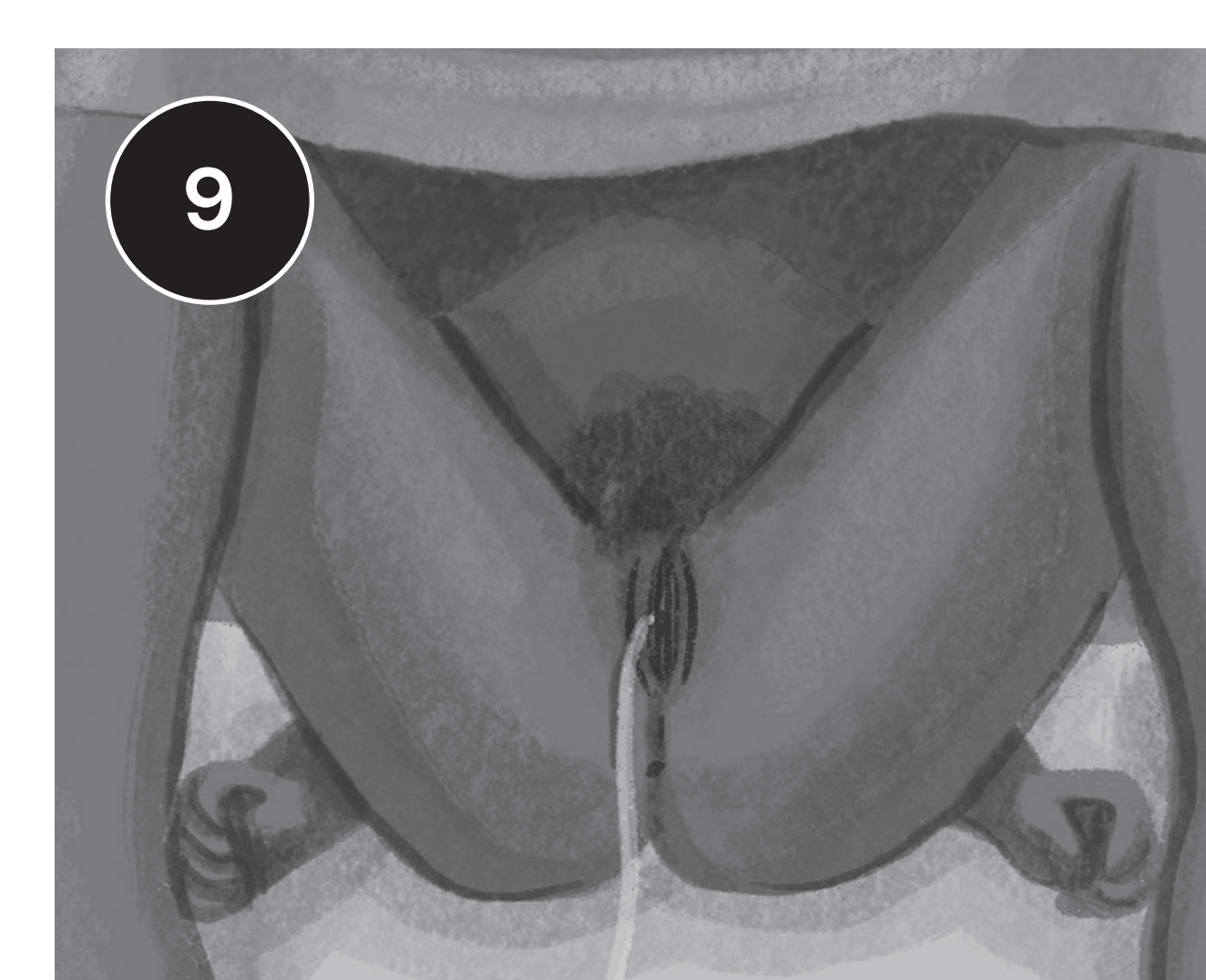
6 With one of your gloved hands, gently spread the labia apart and open the vagina



7 With your other gloved hand, carefully insert the forceps and gauze to reach the level of the cervix



8 Gently rotate the forceps and gauze for 30 seconds, ensuring coverage of the cervix and upper vagina



9 Remove the forceps and dispose of the gauze appropriately (remember to include in the swab and instrument count)